

NEWSLETTER



MACALESTER GEOGRAPHY



brought to you by GTU

UPCOMING DATES

-  March 1: Deadline to apply to GTU for this academic year
-  March 6-7: Rural Livelihoods Field Trip
-  March 10: Sophomore Lunch
-  March 14-22: Spring Break!
-  April 7: AAG Gathering in Denver
-  April 15: Geography Honors Day
-  April 20: Department Spring Dinner
-  April 25: Midwestern Undergraduate Geography Symposium (MUGS)
Keynote address by Lindsay Naylor (University of Delaware)

| 2020 MARCH | | | | | | |
|--|-----|--|-----|-----|---|--|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| 1  | 2 | 3 | 4 | 5 | 6  | 7  |
| 8 | 9 | 10  | 11 | 12 | 13 | 14  |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
|  | | | | | | |
| 22  | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

| 2020 APRIL | | | | | | |
|------------|--|---|--|-----|-----|--|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | | | 1 | 2 | 3 | 4 |
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| 12 | 13 | 14 | 15  | 16 | 17 | 18 |
| 19 | 20  | 21 | 22 | 23 | 24 | 25  |
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JOIN GTU: GEOGRAPHY HONORS SOCIETY

Requirements: Must have completed a minimum of 3 geography classes, have a B average in geography in the upper 35% of their class. Must have completed at least 3 semesters of college coursework

Why Join?

- Enables eligibility for GTU scholarships
- Provides evidence of your dedication and competency in geography
- Provides connections to a strong network of geographers

Time is running out to join GTU! Apply by March 1 for this year: macalester.edu/geography/studentopportunities/gtu/honorsociety/



Macalester College

MIDWESTERN UNDERGRADUATE GEOGRAPHY SYMPOSIUM (MUGS) 2020

Saturday, April 25, 2020

9am-4pm

Saint Paul, Minnesota

Register at the link below from Feb. 15 to April 10:

macalester.edu/geography/studentopportunities/mugs





Mobilize Mac is an initiative of the Civic Engagement Center to coordinate education and engagement efforts related to the election cycle and related US processes in 2020.

Democracy in Action is the academic component of Mobilize Mac. It offers students an opportunity to earn course credit for engaging in political action in the Fall 2020 semester. This would take the form of an internship or independent study which, in principle, any Macalester faculty member could sponsor. Democracy in Action offers a structured, civically-engaged education about life in a democracy, where our students work with faculty, staff, and organizations off-campus, to analyze the meaning of the election for democracy, and to reflect on their own commitments and values.

There will be information sessions for faculty who want to learn more and get involved:

Tuesday, Feb. 18, 12-1 pm, Old Main 4th floor

Thursday, Feb. 20, 12-1 pm, Olin-Rice 170

Lunch will be served at each meeting – we will be sending out RSVP forms via email.

In the meantime, for more information, contact Eric Carter, Geography (ecarter@macalester.edu) or Paul Schadewald, Civic Engagement Center (schadewald@macalester.edu).



CONGRATULATIONS TO HOLLY BARCUS AND BILL MOSELEY

Geography proudly claims two of the three newly selected DeWitt Wallace Endowed Professors on campus!! Join us in congratulating Holly Barcus and Bill Moseley on this tremendous honor and achievement.



STUDENT SPOTLIGHT

Sophia Alhadeff ('20) is not only a GTU President, but also one of the student liaisons to the Food, Agriculture and Society Concentration. Passionate about food access and justice, she is currently interning as the SNAP Outreach Coordinator at Second Harvest Heartland. Originally from Seattle, WA, Sophia's favorite physical geographic feature is the ocean and is currently working on a zine to capture her love of the sea!

RESOURCES FOR STUDENTS

We recognize that this is a stressful time of year and Macalester can be a stressful academic environment. Please take note of resources available to help take care of your mental health and practice self care!



TALK TO SOMEONE NOW (PRESS 2 COUNSELING):

If you want to speak to a counselor right away, please use the 24-hour phone counseling service. Simply call the Hamre Center at 651-696-6275. If someone answers, ask to be connected to “Press 2”. If it’s after hours, you will be prompted to press #2. After answering a few questions, you’ll be connected with a licensed counselor at Protocall.

MiResource:

A new tool to help Macalester students easily and confidentially find the right local off-campus provider. You can search by your specific care needs, insurance/payment options, and geography. Learn more: macalester.edu/healthandwellness/counseling/miresource/

Uline from the JED Foundation, is a good, comprehensive website for college students on mental health. It includes facts on mental health, wellness strategies, info on how to help a friend, resources for help, as well as a self-evaluator for 13 common mental health concerns. Check it out here:

<http://www.ulifeline.org/macalester/>

QPR (Suicide Prevention) Training: Do you have one hour? That’s all it takes to do the online version of the QPR (Question. Persuade. Refer) suicide prevention training. Free to the Macalester community. QPR workshops are also scheduled for Spring 2020. [.macalester.edu/healthandwellness/wellness-initiatives/qpr-training/](http://macalester.edu/healthandwellness/wellness-initiatives/qpr-training/)

GOINGS ON IN GEOGRAPHY

Laura Kigin is looking for another office assistant

If you are a student with workstudy reward and want additional hours, please contact kigin@macalester.edu to work at the desk in the geography office! Open shifts are available Tuesday, Wednesday, and Thursday mornings from 9-12.

Register early for MUGS!

Do you have a paper, poster, project, or capstone that you know you want to present at MUGS? Don't wait until the deadline to register. You must pay and register fully before submitting your abstract. Visit tinyurl.com/MUGS2020



PATHWAYS IN GEOGRAPHY

Students gathered to hear from 5 geography alumni on their post-grad adventures

MAPS@NITE

We had a great turn-out at Mac Geography's first ever Mac@Nite, sponsored by OSLE! We had activities which combined art and maps, including dymaxion globe folding, nat-geo earrings, watercolor cartography and gunpowder mapping. Thanks to everyone who attended!

