

Land Acknowledgment (We are on Indigenous land) ~ *Mariah*, 2 minutes

Settling In ~ 2 minutes

Strategic Planning Kick-Off Announcement ~ 5 min, *Andrew Wells*

Andrew

- Getting ready to launch process that will last through next October to establish plan for the next 5-10 years
- Sessions in the morning for faculty and afternoon for students
 - All people who report to president riviera
 - Nov 19 2:30 - dedicated time to hear from students about what you hope to see discussed and challenged in this process
- Strategic plan drives everything Mac does with budget and spending
- Very important as student leaders and students at large to engage in this afternoon meeting
- Hope is to record both sessions
- If time commitment is too much, you can leave early

JED Campaign Conversation ~ 1 hour, *Liz and Jen*

Liz

- Here as mental health professionals that do this all day but we are experts in being students

Jen

- Big piece of health promotion is environmental and policy level work
 - How do we make it so that choices that support wellbeing are the easiest to make?

Liz

- JED - organization focused on mental health and reducing suicide
- Institutional information about first-years shows that 55% of class intended on accessing mental health services at mac
- JED campus - model for looking at strategic plans on campus
- Four year plan
 - Launching JED program
 - Healthy minds survey
 - Happened in spring of 2020
 - Campus visit and student focus groups
 - Happened fall of 2020
 - Strategic planning of campus wide change to support mental health
 - Launched last spring
 - Implementation of strategic plan (year and a half long)
 - Where we currently are
 - Healthy minds survey

Jen

- Disclaimer about difference between correlation and causation
 - Mental health is correlated with general health, academic performance, sleep, cannabis use, a sense of belonging at Macalester

Liz

- JED model has seven areas of strategic planning
 - Each one can be addressed at individual, interpersonal, policy levels
- Develop life skills
 - EX FYC
- Promote social connectedness
 - EX residential requirement
- Identify students at risk
 - Campus safety, RAs
- Increase help-seeking behavior
 - Free resources as a sign of strength and maturity
- Provide mental health and substance abuse services
- Follow crisis management procedures
- Restrict access to potentially lethal means

Jen

- 76.3% of Mac students self-report that they lead a purposeful and meaningful life
- 77.7% of Mac students self-report being optimistic about their future
- 83.6% of Mac students self-report that their social relationships are supportive and rewarding
- Breaking into groups to talk about where MCSG is involved

Rebecca

- Supporting student organizations

Mariah

- Working with student body to see what changes they want to make

Kashvi

- Working with groups that are marginalized

Micah

- Some students don't know resources available
- Being good referral resources

Ayana

- Being able to better promote work that is done in health center

Liz

- Information from focus groups
- Describe mental health culture at Macalester
 - "Macalester sends the message that mental health is important but in practice it is on the individual. Policies and approaches, especially in the classroom, aren't changed to help us."
- If a mental health miracle were to happen on campus, what would that look like?

Kody

- Lowering workload, four day work week

Ayana

- Any student could go up to any staff or faculty member and know they could get help

- Academic rigor and expectations would take into account all the things that students do to balance academics with all the other stuff
- Not all learning has to be in the classroom

Anna

- There are a lot of mental health issues on campus that are unresolved, to call change a miracle is a little bit frustrating
- Students are suffering

Liz

- Thank you for naming that with such vulnerability and I very much take that to heart
- Framing this as a miracle doesn't serve us and change only comes with tangible efforts
- Moving away from idea that something magical is going to fix, how can we still think big picture

Kaleb

- Faculty aren't as considerate about asking questions about students' personal lives
- Having indirect pressure to explain yourself to professors is very uncomfortable

Jen

- What would it look like for a professor to be helpful?

Kaleb

- If something like "I don't feel well or don't feel like coming to class is enough"

Liz

- What could the college do to move us towards the goal of having a place where students can be well?

Mariah

- Everyone has one mandatory counseling session
- Unlimited meal swipes

Daniel

- Meeting one on one with professors to check in

Jen

- What are things that we should keep doing from that time even though we are not virtual?

Kit

- Mental health training for faculty/staff
- Standardized compassion required from every discipline while creating syllabi
- Student's mental health as well as faculty/staff

Kashvi

- Making everyone feel cared for and supported in the process of seeking help

Jen

- Keep in touch and stay connected

Election Code Voting ~ *Executive Board*, 15 minutes

Shreya

- Questions or concerns about election code edits?

Kody

- Updates on anti-discrimination clause?

Shreya

- New clause with first section about who is identified as members of a protected class at Macalester
- Then created outline of what would happen if a student were to discriminate against a member of protected class
- Starts with a written complaint
- File report to judicial council
- Motion to cast election code

Mariah

- Vote to approve suggested changes to election code
- Yes: 20
- No: 0
- Abstain: 0

LB Agenda Items

Ayana

- MCSG Newsletter and Communications
- Comes from students feeling like there wasn't enough information about MCSG happenings
- Wondering if MCSG has input and will need to ask for funding

Anna

- What is the procedure for weekly updates?
- Maybe a monthly newsletter is a better idea so more summarized info could be included

Ayana

- Received feedback that students want to know processes that happen

Shreya

- Monthly would work well if we redirect them to Instagram updates
- Monthly to be for big stuff

Ayana

- Some people don't have social media, so newsletters good resource

Anna

- Monthly newsletter is good because weekly is a lot of work

Eric

- Having newsletter is better than MacDaily Minutes
 - Way more accessible

Kit

- Is push for a newsletter to be able to see analytics?
 - Seeing who opens newsletter, who is subscribed

Ayana

- Yes, I forgot about that
- People have said they know more about MCSG this year than last year

Micah

- Feature that allows you to see who opens emails will be going away in next couple of months

Eva

- Newsletter is great idea
- Should give people the option to subscribe or unsubscribe

- What are you imagining?

Ayana

- Here's a small blurb and link to the website

Joel

- In charge of the newsletter for work study
- The shorter it is and more visual it is, the engagement will increase

Ayana

- Welcomes any and all input

Committee Updates

Ayana

- Community Engagement Officer MAPCS and Provost updates
- Take notes in all of your meetings to establish institutional memory
- Minnesota Association of Private College Students
 - Mac opting into hunger free campus - resolution with minnesota department of higher education that provides public K-12 schools with free lunches to provide the same for universities
- Meeting with the Provost
 - Roon and Ayana met with Provost to talk about facing discrimination on campus and burnout

Eric

- Are these meeting notes going to be shared

Ayana

- Yes

Kashvi

- Financial Transparency and Divestment Updates
- College announced divestment from enbridge
- Increasing financial transparency → explaining endowment

Rebecca

- What would ad hoc be for?

Kashvi

- Hash out future presentations

Shreya

- Not sure if we need a whole ad hoc, maybe just one or two people from MCSG

Kashvi

- If anyone else is interested in planning, reach out to Kashvi

Announcements

Shreya

- Roon has decided to step down from MCSG
- EPC will be holding an election for diversity and inclusion officer

Anna SSRC

- Now have at large members

Rebecca FAC

- Need one more at large member
- Working with hmong student org to celebrate hmong new year

Shreya

- Thursday 7:30-8:30 pm financial model conversations students will be having on zoom

Eric SOC

- Accepted adelantes charter change
- In process of approving LSU
- Working with other clubs to develop charters